

Neighborhood Watch/Emergency Checklist

- 1) Sign up for Alerts in La Habra Heights on your cell phone by texting the message "AlertLHH" to 888777. You will receive notifications regarding road closures, traffic conditions, etc., in La Habra Heights.
- 2) Watch for strangers, strange cars, lock your cars, don't leave valuables in your cars, and be careful answering the door. Ring.com allows you to talk to people at your front door remotely, without being home, and provides video of whoever is at your door.
- 3) Security alarms, security cameras, security signs and dogs are deterrents.
- 4) If you see a stranger or strange car, call the non-emergency line for Industry Sheriff's: 626.330.3322.
- 5) Scan important documents (& pictures) to the cloud or save them on a flash drive. Back up your computers.

Please fill out the information below, share it with everyone in your family/household, and share ONLY the information you are comfortable sharing with your immediate neighbors.

Create a group text/or group email with your neighbors to communicate quickly & easily.

Contact Information

Family name(s) _____

Street address _____

Home phone: _____ Main Cell # _____

In case of emergency, who should be called 1st, 2nd, 3rd, and at what numbers? One outside of LHH.

1. Name/Cell phone _____

2. Name/Cell phone _____

3. Name/Cell phone _____

List all Family members in the household & any special needs or concerns:

Name/Age

Mobility or Medical concerns/Prescriptions

Decide where your family will meet outside of La Habra Heights in case of emergency? _____

Show family members how to shut off gas & water _____

Show a trusted neighbor how to shut off gas & water _____

Have a box/file someone can grab quickly containing medicines, prescriptions, important papers, passports, checks, flash drive with important documents/pictures. Let your family know where it is.

Have a First Aid kit with basic medical supplies: First Aid Manual, bandaids/bandages, gauze pads, medical tape, antibiotic ointment, alcohol swabs, tweezers. Let your family know where it is.

Designate a relative/neighbor to have your house key & permission (in case you are not home) _____

Designate 2 willing neighbors you trust and tell them how to care for your pets:

List pets/kinds of animals

Where is food kept/feeding instructions

If you have large animals, i.e., horses, goats, do you have a trailer? _____

If not, who will you call to help you move your large animals? _____

After a major earthquake, it's estimated that our streets could be isolated for at least 2 weeks without support from medical, fire, police, or road maintenance.

List family with special training: (CPR, PARAMEDIC, DOCTOR, NURSE)

Medical training

Describe

Construction training (Electrician, Plumber, etc.) **Describe**

Other

Describe

Designate someone to pick up your children at school if you are not able

Keep your personal, medical, & pet earthquake supplies up-to-date. _____

If you are not current in CPR, consider updating your skills. _____

Secure items that might fall (TV, computer, books, etc.) _____

Bolt & brace water heater to wall studs. _____

Bolt & brace cabinets & furniture to wall studs. _____

Have water/nonperishable food kit in all cars _____

Residents over 55 qualify for the Paramedic Membership Program, \$45 per year through the City of La Habra Heights. Call 562.694.6302 or go to lhcity.org

Please check-off all supplies that you currently have:

Vehicle Emergency Pack for 3-7 days: food, water, medicines, clothes _____

Household Emergency Supplies

14 days of water for each member in family (1-gallon per person, per day) _____

14 days non-perishable food for each person in family _____

14 days medicine for each person in family _____

Flashlights & batteries _____ (portable solar lights) _____

Fire extinguisher _____ Matches/Lighters _____

Power Generator & fuel _____ Disinfectant wipes _____

Do you have any of these supplies that may be needed to assist neighbors?

Emergency Radio _____ Ladder _____

Chainsaw & Fuel _____ Firewood _____

Emergency water purification set-up _____

Small tractor/equipment _____ Battery operated vehicle _____

Bicycles _____ Motorcycles _____

Other _____

List location of your Earthquake Supplies:
